



NEWSLETTER

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Arcadia PUBLIC School

Be Outstanding, Be Inspired

17/2020

Term 4 Week 4

04 November

TERM 4 - IMPORTANT DATES

Week 4	04 Nov	Kindy '21 - Starting Big - first session Kindy Classroom - 2:15 to 3:15pm
	05 Nov	Thursday - Playgroup here - 9:30am to 11am
Week 5	10 Nov	P&C Meeting—via Zoom
	12 Nov	Kindy '21 - Starting Big - second session K Classroom
Week 6	19 Nov	Thursday - Playgroup here - 9:30am to 11am
	20 Nov	Kindy '21 - Starting Big - final session K Classroom
Week 7	25 Nov	Scholastic Book Fair - just in time for Christmas !



PRINCIPAL'S REPORT

Welcome to Week 4.

Firstly I would like to thank the school community for letting me be part of Arcadia PS over the last four weeks. The staff and students have been very welcoming and I feel lucky to have seen what a small school offers.

Well done to the students and to parents for getting into the spirit of book week and helping with outfits. The canteen also did a great job providing tasty treats for the students. Well done also to the staff who came up with some great costumes. Special thanks to Mrs Kelly for sorting out the music for our parade.

Kindergarten 2021 orientation will start today and arrangements have been forwarded to those families involved. If you know anyone living in our school zone who has Kindergarten aged children for 2021, please do not hesitate to refer them to our school office for further details of enrolment.

Just a reminder for parents that if things need to be dropped off to children please see the front office. It is disruptive for school routines and student learning to have interruptions throughout the day. If you need to see your child can we please ask that you come to the front office first to help ensure student safety.

Attendance matters for all students and the infographic below highlights the impact that being late can have on your child's education.

APS P&C Meeting - Next Tuesday 10/11

The link for next Tuesday's P&C Zoom meeting will be emailed early next week. It would be great to have lots of parents log on to hear about school and P&C commitments and to share ideas for current and upcoming events for our school.

Shannon Young - Principal (Relieving)



STUDENT VALUE AWARDS TERM 4 - WEEK 2



★ Noah - for the '100%' application he brings to learning and personal improvement

★ Ciara - Showing her personal best in the classroom & playground
 ★ Emily - for being selfless & helpful when picking up rubbish around the school

★ Phoenix - for always displaying honesty and integrity at school

POSITIVE BEHAVIOUR ENGAGING LEARNING (PBEL)



**BRONZE
RECIPIENTS**



**EXEMPLARY BRONZE RECIPIENTS
- PBEL ROUND 2 FOR 2020**



SILVER RECIPIENTS



GOLD RECIPIENTS



KINDERGARTEN 2021 'STARTING BIG SCHOOL'

*** 4 NOV * 12 NOV * 20 NOV
ENQUIRE TODAY - 9653-1207**

**DISCOVER WHAT ARCADIA HAS TO OFFER
YOUR CHILD & HOW STUDENTS ACHIEVE
THEIR PERSONAL BEST EVERYDAY**

#proudlyarcadian #arcadiapublic

**Welcome Kindergarten 2021
Our Transition to School program starts
at 2:15pm for students on the dates
listed above in their classroom**

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PUBLIC School**
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Give kids a thumbs up for the right things

Children of all ages enjoy parental recognition. They like when their parents make a fuss over their behaviour or highlight something they've done well.

Sometimes parents will reward their children's behaviour with a treat, money or a gift. This is okay in small doses, but parental recognition alone is a high enough driver of children's behaviour most of the time.

First borns, in particular, love approval. Youngest children just love that you have noticed them! Second borns can sometimes do things in spite of their parents, but deep down they love the recognition too, even if they don't let on that they do.

The behaviour you focus on expands

If you want your kids to be neater then focus on their neat behaviours. "You've tidied your toys up before dinner. Top job!" You don't have to throw a party, just let them know that you noticed and you approve of their tidiness. You may also let them know how it affects you. "You've tidied your toys up before dinner. It makes my job easier." The behaviours that you notice and comment on will expand.

Noticing kids' tidiness once won't suddenly turn messy kids into exceptionally neat ones, but do it often enough and you'll start to get some turn around.

You can give kids a thumbs up for all sorts of behaviours. Here's some examples.

Being co-operative

Stubborn kids need a pat on the head when they respond on your terms not theirs.

Being brave

Nervous and anxious kids need to have their bravery pointed out to them. It's reassuring and empowering.

Being helpful

Want helpful kids? Then you need to notice helpful behaviours.

Being tolerant

Sometimes older siblings need to be very tolerant of younger siblings. Tolerance is a very giving behaviour and should be promoted.

Being patient

Something to encourage in boys, in particular. It's often not their strong point.

Being persistent

Let kids know when 'hanging in there' pays off. The link between persistence and success is massive but persistence needs to be promoted. It's also the one factor of temperament that can be affected by parenting.

Being friendly

If your child struggles in social situations then recognise pro-social behaviours such as sharing, initiating contact with another child or taking an interest in another person.

Don't wait until you get perfect behaviour to give recognition, particularly for very young children. Kids have L-plates when it comes to behaving (co-operatively, bravely, patiently) so their attempts and close approximations need to be verified by the significant adults in their lives – their parents.

Recognising kids' positive behaviours is easy to do, but it's also easy not to do. We often get tied up with other things and forget to show appreciation and nurture the behaviours our kids need to develop. It's important to be aware of this. It's the little things such as giving positive recognition that have the biggest impact on kids' development.

CANTEEN TERM 4 - 2020 – WEDNESDAY 10 – 2PM

RECESS: Healthy choices priced 50c to \$1.50

LUNCH: \$4 per order (choose from list below)

Week 1	14 Oct	Bento Box OR Tacos
Week 2	21 Oct	Bento Box OR Chicken Drumsticks & Rice
Week 3	28 Oct	Bento Box OR Sausage in a Roll
Week 4	4 Nov	Bento Box OR Beef Burger
Week 5	11 Nov	Bento Box OR Chicken Pasta Bake
Week 6	18 Nov	Bento Box OR Nachos
Week 7	25 Nov	Bento Box OR Meat Balls with Pasta
Week 8	02 Dec	Bento Box OR Chicken Salad
Week 9	09 Dec	Bento Box OR Christmas Lunch Special (Note this is the last week for Canteen) Merry Christmas Everyone



Dear Parents,

The School Canteen for **Term 4 will open from Week 1 - Wednesday 14 October, 2020**. We will be open for recess, with yummy treats from 50 cents to \$1.50. The cost for lunch remains the same at \$4 per child/or staff. This Term there are 2 choices for lunch, however you need to let us know what your child requires. If you don't let us know, and lunch has been paid for then we will automatically give them a Bento Box.

Payment for lunches can be made weekly by putting it into an envelope with your child's name and order and placed in the canteen slot (**on Monday** so that we can allow for catering)

OR you can pay for the **full Term \$36 (9 weeks x \$4)** by direct deposit to the **P&C Assoc bank account** (*not online to the school*):

Arcadia PS P&C Account BSB 633000 Account # 116797937
Please Reference: Surname, Cntn T4

We need **orders to be in on Monday each week** as the shopping is done Tuesday.

Many thanks,

Janelle & Heather



Nutrition Snippet

SPRINGTACULAR FRUIT AND VEG.

Try these seasonal recipes:

- [Beef and broccoli stir fry](#)
- [Zucchini slice](#)
- [Healthy apple crumble](#)

For these recipes and more visit healthylunchbox.com.au

healthylunchbox.com.au

Live Life Well @ School

GROWING UP DIGITAL AUSTRALIA

- Are you a parent, carer or grandparent of children aged 5 to 17?
- Do you wonder how digital media and technologies might affect their wellbeing, health and learning?

Gonski Institute of Education at the University of NSW is working on a ground-breaking research project investigating these issues (supported by P&C Federation).

Have your say and support the research by 31st October:
www.gie.unsw.edu.au/GUDAustralia/phase2survey

Developed by Northern Sydney Local Health District



We have care covered for you

**ENROL NOW
FOR OSHC IN 2021**
on site at Arcadia Public School



Operating times: 7am - 9am & 3:30pm - 6pm
Breakfast & Afternoon Tea provided
Government CCS rebates may apply

Enquiries: bookings@nwcc.com.au
www.nwcc.com.au/childcare

T 02 8678 0279



ARCADIA PS SCHOOL BAND JOIN THE BAND!

Is your child interested in joining the school band?
The school band is now taking enrolments for 2021
and is open to all students currently in years 2-5.

No prior experience needed!

During Term 4 students will see a **band demonstration**
at school that highlights the different instruments available
for tuition. After this demonstration they will receive a green
Expression of Interest note providing introductory information.

What do you need to do?

1. Carefully read the green *Expression of Interest* and then register your child's interest in joining the band online at <https://www.teachingservices.com.au/eoi>
2. Once you register online a TSA tutor will meet your child to help them assess which instrument they are most suited to**
3. The results of this instrument trial will be sent home with enrolment information

Learning an instrument in an ensemble is a great way to experience the social, educational and personal benefits that music and the arts have to offer! TSA provides a variety of tuition options as well as instrument hire and sales to help parents give the gift of music to their children.

TSA is a registered COVID-safe provider and delivers instrumental programs with a focus on inclusion, student engagement and well-being.

**Instrument trials will take place within strict COVID-safe guidelines and will include a basic aural and rhythm assessment among several other activities which measure your child's suitability for each instrument.



(02) 9651 7333
enrolments@teachingservices.com.au
www.teachingservices.com.au





*Galston Swim Club
invites you to:*

GET READY FOR YOUR SCHOOL SWIMMING CARNIVAL AND TRY CLUB RACING!

School swimming carnivals will be here before we know it!
Come and try racing in a fun, family friendly environment.
Races start at 25metres.



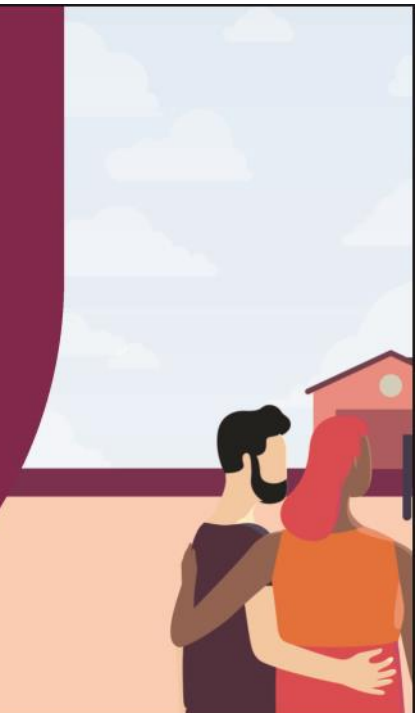
Contact us on fridaynightentries@galstonswimclub.com.au for more
information or to organise a free trial!

Our new Complete Home Loan...

...takes care of you completely. Great rates and 100% offset make the Complete Home Loan one of our most exciting home loans yet!

So whether you're buying your first or next home, refinancing or investing, the Complete Home Loan has you covered.

**Chat to a home loan specialist today, phone Gary or Debbie on
02 9653 2227 or search Bendigo Bank home loans.**



B Bendigo Bank

bendigobank.com.au

Terms and conditions, fees, charges and lending criteria apply. All information including interest rate is current as at 7 September 2020 and may be subject to change. Full details available on application. Credit provided by Bendigo and Adelaide Bank Limited ABN 11 068 049 178 Australian Credit Licence 237879. A1419239 OUT_1509865, 16/09/2020

Ignite Music Dural

Music lessons for all ages!!



Start learning a new skill today!!



admin@ignitemusic.com.au



9651 5804

Book in your FREE trial lesson today!

Now taking enrolments for Term 4

We offer:

Guitar, piano, vocals, drums, bass, violin, viola, cello, ukulele, percussion, keyboard, flute, songwriting, theory, AMEB exam prep, online lessons and much more.



NAIDOC WEEK EVENT

ELEANOR CLAPHAM PRESENTS CHEEKY EMUS

For ages 6 and under

The Emu is a spirited and cheeky animal, curious by nature and loves getting up to all sorts of mischief when given the chance. Join Eleanor on this fun filled musical adventure to learn all about Emus and their songs, stories and dances. After an interactive call-and-response style Welcome to Country in Dhurug language, Eleanor will have children learning dances, and enchanted by the stories of Baime, the dark Emu found in the sky, and the legend of the Munduguddah, the rainbow serpent. All students will participate and perform in this dynamic workshop, where alongside fun fact about emus, Eleanor will interweave a message of sustainability, drawing on the practices carried out by her ancestors.

When: Tuesday 10 November, 4pm

Where: Online, via Zoom

Bookings: Bookings essential, ticketed event.
Book online at hornsby.nsw.gov.au/library or at any Hornsby Shire Library Branch.



A PERFORMANCE WITH BOORI MONTY PRYOR

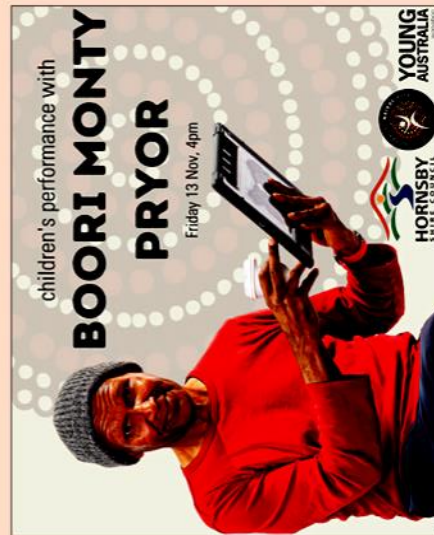
For ages 6 and over

In this performance award-winning author, musician, prolific storyteller, and now filmmaker, Boori Monty Pryor shares his unique perspective on the world. Combining humorous tales from his life experiences, Dreamtime stories, and instructive anecdotes, this presentation offers an insight into the multi-faceted reality of modern-day Indigenous culture. Boori punctuates his storytelling with the music, dances and language of his family and his home. By combining traditional elements of performance with his contemporary stories, Boori helps students better understand both the past and present culture of First Nations People.

When: Friday 13 November, 4pm

Where: Online, via Zoom

Bookings: Bookings essential, ticketed event.
Book online at hornsby.nsw.gov.au/library or at any Hornsby Shire Library Branch.



For more information visit
hornsby.nsw.gov.au/library

School Travel for 2021



2021 school travel applications are now open

Applications for student travel in 2021 opened from Monday 12 October 2020.

Students who require a School Opal card or travel pass for 2021 can now [apply](#) online. A new application should be submitted if a student is applying for a school travel pass for the first time or requesting an additional pass as a result of a new shared parental responsibility situation (e.g. joint custody).

Students who have changed school/campus, changed address, repeated a year or received an expiry notification from Transport for NSW for their school travel entitlement should [re-apply or update their details](#).

*Applications must be completed by the student's parent or legal guardian if the student is aged under 16 years. Students 16 years and over must complete the application form themselves.

Where there is a change of distance eligibility based on a student's grade, the system will automatically update a student's entitlement if they meet the new criteria. If they do not meet the new [eligibility criteria](#), they will receive an expiry notification via email.

Students who have an entitlement approved under a medical condition which is due to expire will receive a notification advising them to re-apply.

[Term Bus Pass](#) holders will receive a notification to re-apply.

If a student needs to update their information or re-apply, they should go online to <https://apps.transport.nsw.gov.au/ssts/updateDetails>

Applications need to be submitted before **31 December 2020** to ensure that current student entitlements are updated and their current entitlement/card remains valid. If their application is submitted after 31 December 2020, the system will automatically cancel an entitlement/card and a new one will need to be issued.

Students in the Opal network applying for a SSTS or Term Bus Pass entitlement for the first time will receive their card at their nominated postal address. Cards will be mailed out from January 2021.

the phillips feed shed

you breed it..we will feed it

dennis & paulette

17 wylds road, arcadia. 2159

trading hours. mon-fri 8am-5pm
sat. 8am-1pm
closed sundays and public holidays
02 9653 1026
abn:48460226979

strawberryfields2159@hotmail.com



EVERY MINUTE COUNTS....

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...
10 minutes a day	50 minutes of learning each week	Nearly 1½ weeks per year	Nearly ½ a year of school
20 minutes a day	1 hour and 40 minutes of learning each week	Nearly 2½ weeks per year	Nearly a year of school
½ hour a day	½ a day of learning a week	4 weeks a year	Nearly 1 ½ years of learning
1 hour each day	1 whole day of learning each week	8 weeks per year or nearly a term a year.	Over 2 ½ years of learning

Your child's best learning time is at the beginning of the day...

**School starts at 9.25am
DON'T BE LATE!**



Design by BlueFeather Graphic Design

arcadia markets
CANCELLED
2020
Due to COVID-19

Child's name Class

Dates absent

Reason

Other comments

Parent/Guardian Name

Signature Date